

Authentic Caribbean Menu

When locals love it, you know it is good! Enjoying enormous popularity with both Arubans and guests, alike, Elements Restaurant features its Authentic Aruban & Caribbean buffet as an additional dining option, Mondays through Saturdays, for lunch and dinner.

The menu abounds with traditional favorites, featuring a daily rotation of classic Caribbean appetisers and fresh salads. Guests may choose to complement their starters with a local hot soup, which also presents different flavors, preparations, and ingredients. The soup, like our other offerings,

rotates on a daily basis, giving our guests the opportunity to sample different tastes on different days of the week.

Unlimited main courses feature staples like jerk chicken, beef and chicken stews, Keshi Yena, among others. These are prepared a-laminute, fresh from our kitchen.

Our local buffet also highlights various Caribbean desserts, presented in tasting portion sizes. These, too, rotate on a daily basis, providing our patrons the



opportunity to experience various Caribbean sweets. Some of the featured desserts include local flan, cashew cake, fruit cake, and seasonal tropical fresh fruit.

Our Elements restaurant team places a strong focus on providing fresh and local ingredients, thus supporting our local community and vendors. We aim at respecting local heritage through our food and providing a truly authentic Caribbean experience for our guests.